

# [PDF] Boys Adrift: The Five Factors Driving The Growing Epidemic Of Unmotivated Boys And Underachieving Young Men

Leonard Sax - pdf download free book

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PARENTING / PSYCHOLOGY

Something scary is happening to boys today. From kindergarten to college, American boys are, on average, less resilient and less ambitious than they were a mere two decades ago. The gender gap in academic achievement has widened dramatically. While Emily is working hard at school and getting As, her brother Justin is giving up. He's more concerned about getting to the next level in his video game than about finishing his homework. Now, Dr. Leonard Sax dives into the scientific literature and draws on more than twenty years of clinical experience to explain why boys and young men are underperforming in school and struggling at home. He shows how social, cultural, and biological factors have created an environment toxic to boys. He also presents practical solutions, sharing strategies that educators have found effective in motivating boys at school, as well as handy tips for parents about everything from homework and video games to medication. Revised and updated throughout, this new edition of *Boys Adrift* points us toward a brighter future for America's sons.

"Interesting, helpful, and very insightful. An important book."  
—Dr. BILL HENNETT, former US secretary of education and former  
chair of the National Endowment for the Humanities

"Excellent and informative references and information are provided. . .  
Powerfully and persuasively presented."  
—*Journal of the American Medical Association (JAMA)*

Leonard Sax, MD, PhD, is a practicing family physician, psychologist, and author of *The Culture of Learning, Girls on the Edge, and Why Gender Matters*. He lives near Exton, Pennsylvania.

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## Description:

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in college attendance and graduation rates has widened dramatically. While Emily is working hard at school and getting A's, her brother Justin is goofing off. He's more concerned about getting to the next level in his videogame than about finishing his homework. Now, Dr. Leonard Sax delves into the scientific literature and draws on more than twenty years of clinical experience to explain why boys and young men are failing in school and disengaged at home. He shows how social, cultural, and biological factors have created an environment that is literally toxic to boys. He also presents practical solutions, sharing strategies which educators have found effective in re-engaging these boys at school, as well as handy tips for parents about everything from homework, to videogames, to medication.

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